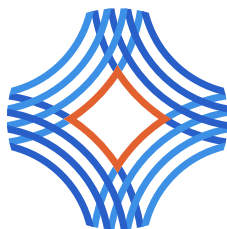


**Rhwydwaith Iechyd
Cyhoeddus Cymru**
**Public Health
Network Cymru**



**Public Health Network Cymru:
A look back at 2021**
December 2021

Welcome

Welcome to the December edition of the e-bulletin.

It's been a busy year for Public Health Network Cymru. We launched our refreshed website and updated our branding, we have increased our digital presence with an online conference and numerous webinars, whilst continuing with our monthly e-bulletins and podcasts. This month's e-bulletin will showcase some of the highlights from the year.

We already have plans for 2022 including another online conference on Planning and Health, webinars, e-bulletins and podcasts.

Thank you to everyone who has contributed to the Network over the past year, whether it was sending us articles for the e-bulletins, presenting at our webinars and conference or recording podcasts. We look forward to working with you all in 2022.

We would love to hear about any additional information, case studies or tips to share with the wider public health community in Wales in future e-bulletins and our website so please get in touch with us at Publichealth.network@wales.nhs.uk or find us on twitter [@PHNetworkCymru](https://twitter.com/PHNetworkCymru)

Contact us

You can contact Public Health Network Cymru in a variety of ways

Email us
publichealth.network@wales.nhs.uk

Write to us
Public Health Network Cymru,
Public Health Wales, Floor 5,
Number 2 Capital Quarter,
Tyndall Street, Cardiff, CF10 4BZ

Social media
Twitter: [@PHNetworkCymru](https://twitter.com/PHNetworkCymru)



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COVID-19

Information for professionals

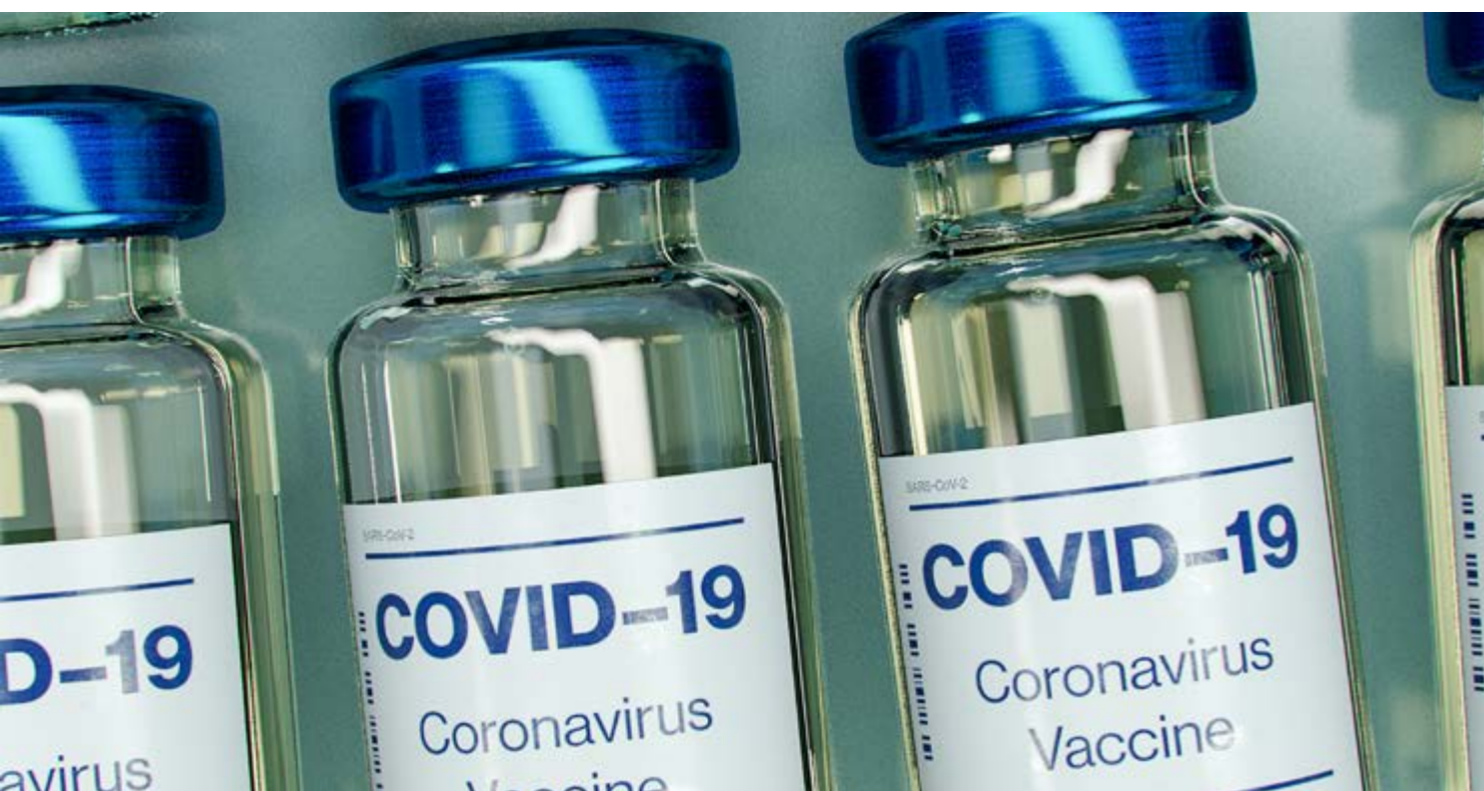
Latest information on Coronavirus disease (COVID-19)

Public Health Wales is working closely with the Welsh Government and the other UK public health agencies to carefully monitor the situation and implement our planned response, with measures in place to protect the health of the public.

The guidance on the measures needed in response to Coronavirus changes rapidly. It's worth always checking the [latest information from Public Health Wales](#).

You can find links to a wide range of sources on Public Health Network Cymru's Coronavirus (COVID-19) page [here](#).

Public Health Network Cymru welcomes feedback on this selection, and suggestions for additional sources that may be of interest to the public health community in Wales.



Links to the latest information

[Public Health Wales](#)

[Senedd Research](#)

[Welsh Government](#)

[Public Health Wales: 'How are you doing?' Campaign](#)

[Public Health Wales: COVID-19 information and campaigns](#)

[UK Government](#)

[WHO Coronavirus](#)

COVID-19 Vaccination Information

[Public Health Wales](#)

[Public Health Wales Accessible Information](#)

[Public Health Wales: COVID-19 Vaccination Campaign Materials](#)

[Welsh Government](#)

Public Health Network Achievements 2021

Public Health Network Cymru Launches A New Website!

The new Public Health Network Cymru website was launched in September and has been developed with our members in mind.

Our new design will make connecting with colleagues and sharing resources on policy, research and practice easier than ever.

We updated our branding in line with the colours and themes used on the new website and we have incorporated it in to our monthly e-bulletins, emails to members and any promotional material.

Click [here](#) to view the new website.

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Conference - Good work, good health: securing our future

This [virtual conference](#) held on the 7 July 2021 aimed to share knowledge and galvanise action to increase access to good, fair work to improve health and health equity, with a focus on young people, in Wales.



Webinars

27 January 2021

[Green Recovery Delivery Partnership: Priorities for action](#)

24 February 2021

[Taking Action Locally - Increasing community cohesion in a South Wales community](#)

24 March 2021

[Employee Wellbeing in the Public Sector: 12 months in to the pandemic and beyond](#)

19 May 2021

[Self-isolation confidence, adherence and challenges: behavioural insights from contacts of cases of COVID-19 starting and completing self-isolation in Wales](#)

21 May 2021

[LEAVING NO ONE BEHIND: Placing health equity at the heart of the COVID-19 sustainable response and recovery in Wales](#)

30 June 2021

[Housing Health and Wellbeing](#)

11 August 2021

[Basic Income, Health and Wales](#)

8 September 2021

[COVID-19: Wider Impacts on Our Children and Young People and Our Families](#)

15 September 2021

[The importance of Social Prescribing](#)

11 November 2021

[Climate Change, the Welsh Perspective](#)

24 November 2021

[How might new trade agreements affect public health in Wales?](#)

Podcasts

Listen to our latest podcast

Basic Income, Health and Wales

Where has basic income been introduced and for whom, and what can we learn from these experiences? What health impacts can we anticipate, and how will basic income impact upon the wider determinants of health?

[Listen](#)

More Podcasts

Valleys Regional Park

[Listen](#)

Vaccine Hesitancy in Wales

[Listen](#)

The Impact of COVID-19 on Children

[Listen](#)

[See all podcasts](#)

Contribute to our Podcast?

If you are interested in recording a podcast with us, get in touch via email: publichealth.network@wales.nhs.uk

Public Health Network Cymru

A look back at 2021



New website launched September 2021
25,702 views in the first 3 months
Events, Membership and News pages viewed the most

 1881 members
(352 new members in 2021)

2721 Twitter Followers
(224 new followers in 2021)



12 Virtual Events
(1754 views on YouTube)



5 Podcasts
(389 listeners on SoundCloud)



11 E-bulletins
(10,160 views)

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You Said We Did...

You Said.....	We Did.....
News, events and topics most commonly cited as the most useful pages on the website	These pages are now more visible from the homepage and you can reach them with less clicks. These are continuously updated
Easier navigation and clearer layout was important for the new site	Navigation through the site is easier and e-bulletins and podcasts can be accessed from the homepage. We have increased the use of white space and eye catching layout to enhance the user journey.
The website should be fully enabled for all devices	The website is fully enabled for all devices, e.g. laptop, mobiles and tablets
The website should be fully compliant with accessibility guidance	The website is now fully compliant with accessibility guidance
We want more content including views from various professionals	We held a series of webinars bringing in a number of experts. We have increased the range of information and material on our pages.



Looking Forward to 2022

We have lots of exciting things already planned for 2022.

Look out for our virtual conference on Planning and Health which is being held on the 10 February 2022. Further details will be released soon on how to register your interest.

The 'Triple Challenge': Public Health Wales recently published a report

which highlights how the combined influences of Brexit, Coronavirus and Climate Change will have direct and indirect impacts on the health and wellbeing of the population. We will be focusing on some of these impacts through our webinars and e-bulletins. If you think you can contribute to this in anyway please get in touch.



News

14-12-2021

Brook RSE resources now available in Welsh

[Read](#)

14-12-2021

HIV related policy changes at Ministry of Defence

[Read](#)

14-12-2021

First Minister outlines ambitious aim to offer all eligible adults a booster appointment by end of year

[Read](#)

08-12-2021

New European physically active learning teacher training curriculum launched

[Read](#)

08-12-2021

More than 5,100 food parcels given to people facing crisis across the UK every day in past six months, says the Trussell Trust

[Read](#)

01-12-2021

Minister launches 'Ending Homelessness Action Plan' with new funding for private rented sector to play their part

[Read](#)

[See all news](#)

Events



06-01-2022
9:30am

[Register](#)

Pride and Prejudice: Supporting LGBTQ+ Young People

The training will explore LGBT issues and young people. The process of coming out, issues for young people such as bullying, gender identity and sexuality.



14-01-2022
09:30am

[More](#)

An Introduction to Self-harm & Suicide

The training will explore young people, self-harm and suicide. It will outline young people's mental health, the issues that young people experience and the reasons why young people self-harm, the difference between self-harm and suicide and ways to support young people who do so.

[See all events](#)



06-01-2022
10.00am

[More](#)

Welsh Index of Multiple Deprivation Webinar

At this webinar you will learn about the latest Welsh Index of Multiple Deprivation (WIMD 2019), the official measure of the most deprived small areas in Wales, a powerful tool to identify areas most in need and to highlight inequalities.



08-02-2022
09:00am

[More](#)

Safer Internet Day

The UK Safer Internet Centre has announced that the theme for Safer Internet Day is 'All fun and games? Exploring respect and relationships online'. The day aims to celebrate young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

Topics

[See all topics](#)

- A** Accidents and injury prevention
Adverse Childhood Experiences
Air Quality
Alcohol and substance use and misuse
Approaches and methods in public health practice
Arts and health
- B** Behaviour change
Biodiversity and greenspace
Built environment
Cancers
Cardiovascular conditions
Carers
Children and young people
Climate change
Communicable diseases
Community
Community assets
COVID-19
- D** Debt and benefits
Diabetes
Diet and nutrition

Early Years
Education and training
Employment
Environment
Ethnicity
Evaluation
- F** Foodborne communicable diseases
Fuel Poverty
Further, higher and tertiary education
- G** Good, fair work
- H** Health in all policies
Health inequalities
Health related behaviours
Homelessness
Housing
Housing quality
Human rights and social justice
- I** Income and resources
Influenza
- L** Learning difficulties
LGBTQ+
- M** Maternal and new born health
Men
Mental health conditions
Mental ill-health
Mental wellbeing
- N** Natural environment
Non-communicable diseases
- O** Offenders
Older adults
Oral health
- P** People
Physical activity
Planning
Poverty
Precarious work
Preschool (including WNHPSS)
Prevention in healthcare
- R** Respiratory conditions
- S** School (Including WNHPSS)
Sexual health
Sexually Transmitted Infections
Smoking and vaping
Social capital
Spirituality
Stress, coping and resilience
Suicide and suicide prevention
Sustainable development
Systems thinking in public health
- T** Transport
- U** Unemployment
- W** Water and sanitation
Wellbeing of Future Generations
Wider determinants of health
Women
Working age adults

MERRY CHRISTMAS...

and a Happy New Year!



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CYHOEDDUS CYMRU
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