Cyflymu'r gweithredu ynghylch penderfynyddion ehangach iechyd – peilot Communities4Change Cymru

Accelerating action on the wider determinants of health – Communities4Change Wales pilot

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Rhwydwaith Iechyd Cyhoeddus Cymru
Public Health Network Cymru

Nodau'r gweminar

Webinar aims

- Disgrifio datblygiad ymagwedd Communities4Change (C4C) Cymru
- Trafod beth gyflawnodd Cydweithrediad Partneriaeth Tai Iach Cwm Taf Morgannwg
- Cyflwyno trosolwg o'r canfyddiadau o'r gwerthusiad a dysgu allweddol

- Describe the development of the Communities4Change (C4C) Wales approach
- Discuss what Cwm Taf Morgannwg Healthy Housing Partnership Collaborative achieved
- Present an overview of the findings from the evaluation and key learning

Sut y datblygwyd ymagwedd C4C Cymru

How C4C Wales approach was developed

Nodi methodolegau newid ac arloesi presennol a ddefnyddir ym meysydd gofal iechyd ac iechyd cyhoeddus

Adolygiad ciplun o lenyddiaeth

Trafodaethau ag arbenigwyr pwnc

Identifying existing change and innovation methodologies used in healthcare and public health

Snapshot literature review

Discussions with subject experts

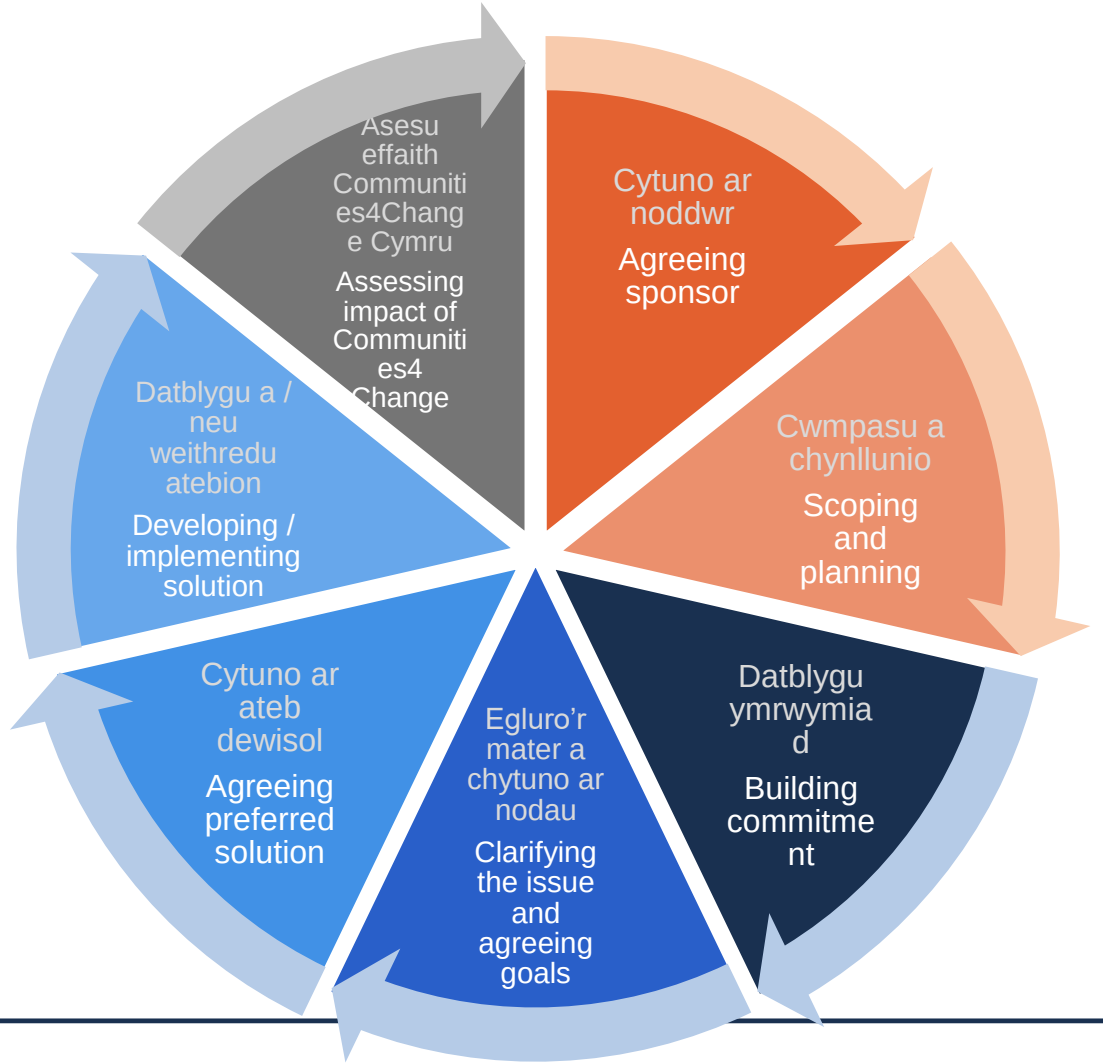
Elfennau Craidd

Core Components

Cylch bywyd

Lifecycle

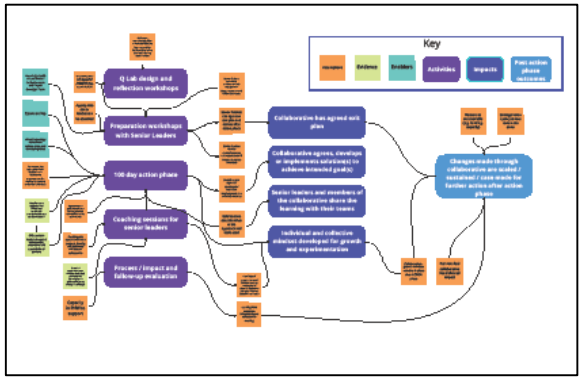
Cam
Paratoi
Gweithredu (100 diwrnod)
Dilyn i fyny



Phase
Preparation
Action (100-days)
Follow-up

Theori Newid

Theory of Change

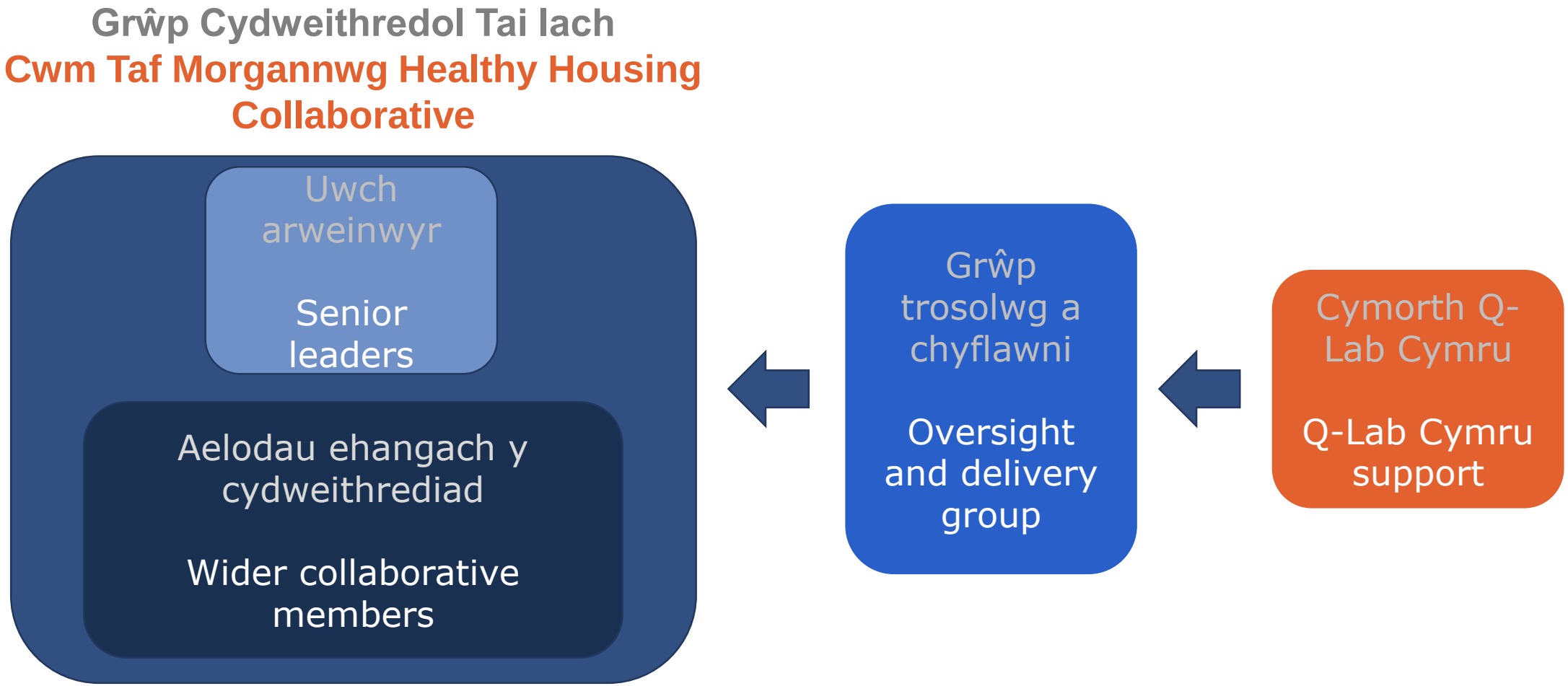


- Cymorth i'w ddatblygu gyda chydweithwyr o Q Lab Cymru
- Datblygu er ymagwedd, nid er y cydweithrediad
- Anodd gweld/mesur rhai effeithiau
  - "Datblygu meddylfryd unigol a chyfunol er twf ac arbrofi"

- Support to develop with colleagues from Q Lab Cymru
- Developed for approach, not the collaborative
- Some impacts hard to see/measure
  - "Individual and collective mindset developed for growth and experimentation"

Peilot i brofi ymagwedd C4C Cymru

Pilot for testing C4C Wales approach



Sut gweithiodd yr ymagwedd yn ymarferol

How the approach worked in practice

- Ymhle gallwn ni fel hwyluswyr ychwanegu'r gwerth mwyaf?
- Pwy yw'r defnyddwyr yn y pen draw, a phwy sydd angen bod yn bresennol?
- Pa ddulliau sy'n addas ar gyfer cydweithredu rhithwir?

- Where can we as facilitators add the most value?
- Who are the end users, and who needs to be in the room?
- Which methods are suitable for virtual collaboration?

Sut gweithiodd yr ymagwedd yn ymarferol

How the approach worked in practice

“Perthnasoedd sy’n bwysig. Gwell perthnasoedd gyda’r potensial i fwrw ymlaen â phethau.”

- Aelod o Grŵp yr Uwch arweinwyr

"It’s all about relationships. Improved relationships with the potential to take things forward.”

- Member of the Senior Leaders Group

Peilot C4C Cymru – Partneriaeth Tai Iach Cwm Taf Morgannwg

C4C Wales pilot – Cwm Taf Morgannwg Healthy Housing Partnership

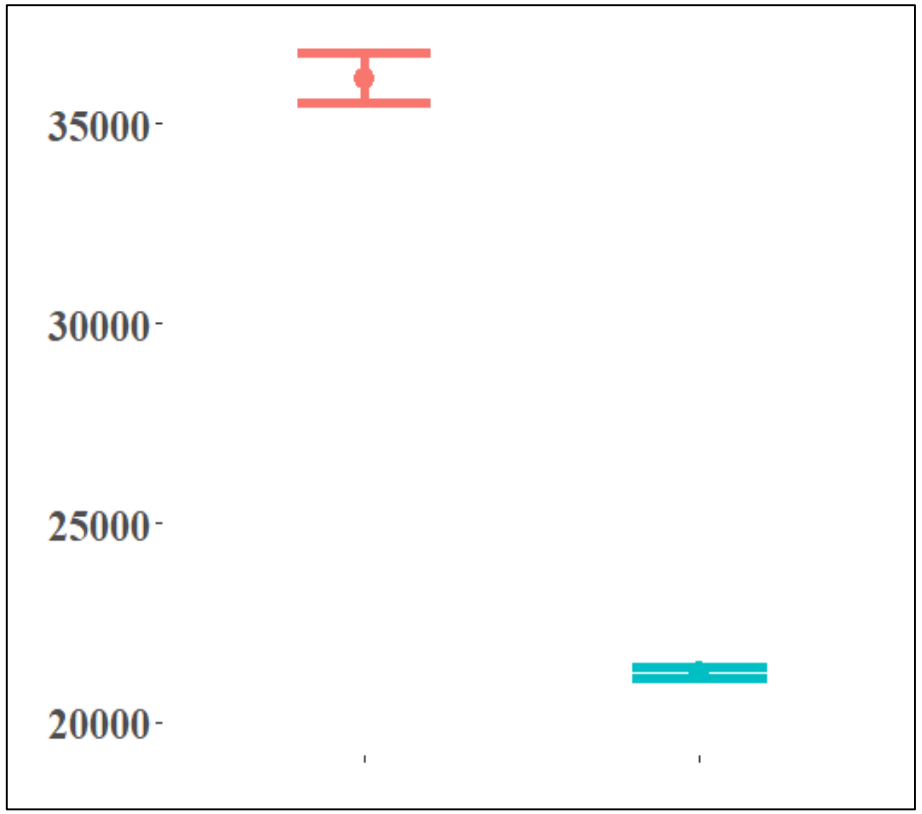
- Beth aeth y grŵp cydweithredol ati i'w gyflawni?
- Beth a gyflawnwyd yn ystod y cam gweithredu ac yn ystod y cyfnod dilynol?
- Pwyntiau dysgu i uwch arweinwyr yng ngrŵp cydweithredol peilot C4C Cymru

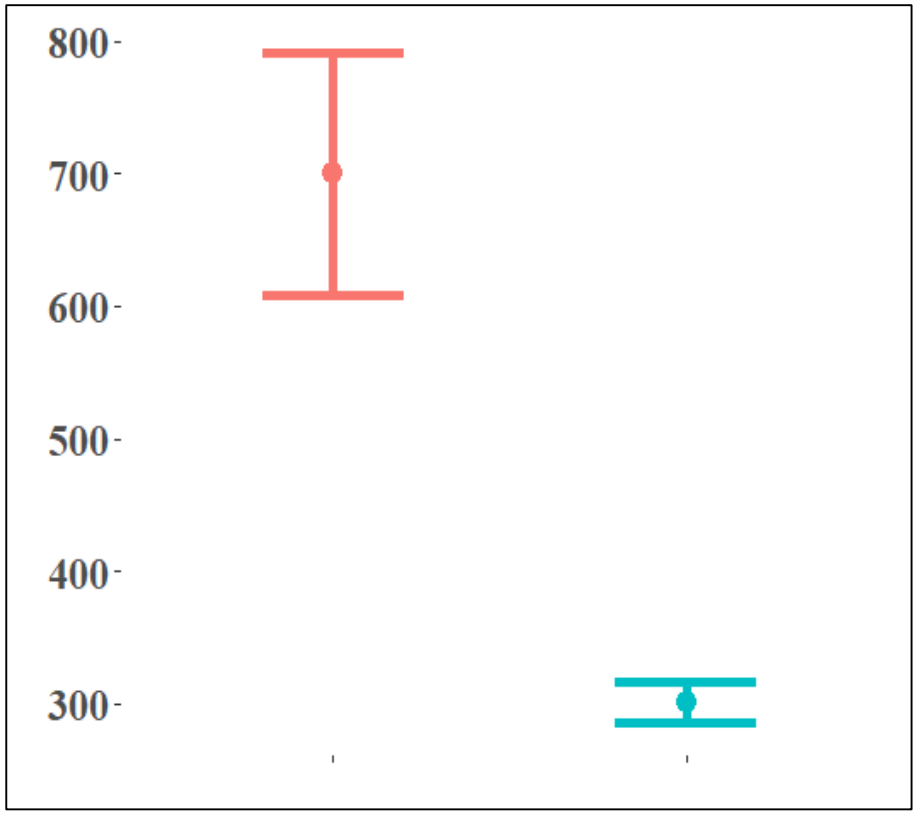
- What did the collaborative set out to achieve?
- What was achieved in the action phase and during the follow-up period?
- Learning points for as a senior leader in the pilot C4C Wales collaborative

Deilliannau Covid yn ôl Daliadaeth Cartref

Covid Outcomes by Housing Tenure

Derbyniadau brys
Emergency admissions





Marwolaeth o Covid
Covid mortality

Safonwyd pob cyfradd yn ôl oedran fesul 100,000. Mae echelin y wedi'i byrhau
All rates are age standardised per 100,000. Note y axis are truncated

CTM 2030
Our Health Our Future
BUILDING HEALTHIER COMMUNITIES TOGETHER

Cymdeithas Dai / Housing Association
Ddim yn Gymdeithas Dai / Not Housing Association

Rhwydwaith Iechyd Cyhoeddus Cymru
Public Health Network Cymru

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Gwaith ar y Cyd / Joint Work:

Cwblhwawyd

- Prosiect peilot Rhannu Data Communities4Change (Uno data Landlordiaid Cymdeithasol Cofrestredig ac Iechyd i nodi effeithiau Covid ar draws tenantiaethau)

- Uwchgynhadledd Iechyd Tai CTM 2022 (gyda Llywodraeth Cymru, Landlordiaid Cymdeithasol Cofrestredig, ALlau a'r Sector Gwirfoddol yn bresennol)

Completed:

- Communities4Change Data Sharing pilot project (Joining RSL and Health data to identify Covid impacts across tenancies);

- 2022 CTM Housing Health Summit (Attended by Welsh Government, RSLs, LAs and Voluntary Sectors)

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Gwaith ar y Cyd / Joint Work:

Yn mynd rhagddo:

- Recriwtio Rheolwr Rhaglen Iechyd Tai (wedi'i ariannu gan y Bwrdd Iechyd a Landlordiaid Cymdeithasol Cofrestredig ar y cyd);
- Ehangu'r Gynghrair Tai Iach

Underway:

- Recruitment of a Housing Health Programme Manager (Joint funded by Health Board and RSLs);
- Expansion of the Healthy Housing Alliance

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Gwaith ar y Cyd / Joint Work:

Wedi'i gynllunio:

- Peilota Canllaw Ymarfer Gorau Tai Iach Enghreifftiol Bevan (Archwilio'r ymagwedd yn Ionawr a Rhagfyr 2023);
- Ehangu Rhannu Data Iechyd Tai (gan gynnwys cysylltu â Data Eco4);
- Datblygu cynllun gwaith Tai Iach ar y cyd

Planned:

- Piloting of the Bevan Exemplar Healthy Housing Best Practice Guide (Audit approach in January and December 2023);
- Expansion of Housing Health Data Sharing (Including Eco 4 Data Linkage);
- Joint Development of a Healthy Housing work plan

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Cysylltu Data ECO4 / ECO4 Data Linkage:

Data:

- Cynlluniau i gysylltu cofnodion Tystysgrifau Perfformiad Ynni (EPC) y genedl â data iechyd.
- Gallu nodi trigolion CTM sy'n fregus yn glinigol sy'n byw mewn cartref â gwresogi/ynysu gwael

Data:

- Plans to link nation Energy Performance Certificate (EPC) records with health data.
- Ability to identify clinically vulnerable CTM residents living in property with poor heating/ insulation

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Cysylltu Data ECO4 / ECO4 Data Linkage:

Ymyrraeth:
- Mae cynllun ECO4 yn darparu grantiau gwerth £1 biliwn ar gyfer gwelliannau ynni i gartrefi
- Mae LA Flex yn ehangu cymhwysedd i bobl sy'n byw ag amrywiaeth o gyflyrau iechyd cronig

Gallwn 'ragnodi' gwelliannau i'r cartref i'r bobl fwyaf bregus, gan leihau costau/ anghydraddoldebau gofal iechyd

Intervention:
- ECO4 scheme provides £1billion grants for energy improvements to homes
- LA Flex enables broadens eligibility to those living with a range of chronic health conditions.

We can "prescribe" home improvements for the most vulnerable, reducing healthcare costs/ inequalities

CTM2030: Cefnogi cymunedau gwydn – Tai Iach

CTM2030: Supporting resilient communities – Healthy Housing

Cysylltu Data ECO4 / ECO4 Data Linkage:

Cyllid cychwynnol:

- Datblygu cais am £22,000 ar gyfer gweithgarwch peilot
- Potensial am £1m o gyllid cyflwyno (cenedlaethol)
- Potensial am ddatblygu menter ar y cyd i gyflwyno ledled Cymru/y DU

Initial funding:

- Bid in development for £22k for pilot activity
- Potential for £1m (national) Roll Out funding
- Potential to develop a joint venture to deliver across Wales/ UK

Gwerthuso a dysgu

Evaluation and learning

Cwestiynau'r gwerthusiad

- I ba raddau y rhoddwyd ymagwedd C4C Cymru ar waith yn unol â'r bwriad?
- Sut ymatebodd y cyfranogwyr i'r ymagwedd, a wnaeth hynny newid eu hymarfer a beth ddysgon nhw?
- I ba raddau yr oedd y rhagdybiaethau'n gywir yn y ToC?
- Beth gyflawnodd y grŵp cydweithredol? (deilliannau)

Evaluation questions

- To what extent was the C4C Wales approach implemented as intended?
- How did participants react to the approach, did it change their practice, and what did they learn?
- To what extent were the assumptions correct in the ToC?
- What did the collaborative achieve? (outcomes)

Gwerthuso a dysgu

Evaluation and learning

Dull gwerthuso / Evaluation approach

Cam 1
Cyfweliadau wedi'u strwythuro'n rhannol (n=18)

Dechrau'r cam gweithredu (Ionawr 2022)

Cam 2
Cyfweliadau wedi'u strwythuro'n rhannol (n=12)

Ar ôl y cam gweithredu (Mai 2022)

Cam 3
Cyfweliadau wedi'u strwythuro'n rhannol gydag uwch arweinwyr (n=2)
Dilyn i fyny ar ôl 6 mis (Tachwedd 2022)

Phase 1
Semi-structured interviews (n=18)

Start of action phase (January 2022)

Phase 2
Semi-structured interviews (n=12)

Post action phase (May 2022)

Phase 3
Semi-structured interviews with senior leaders (n=2)

6-month follow-up (November 2022)

Gwerthuso a dysgu

Evaluation and learning

Gweithredu'r ymagwedd

- Holodd rhai cyfranogwyr a oedd natur y broblem yn gywir ar gyfer profi'r ymagwedd
- Ni ddilynwyd rhai elfennau craidd yn y glasbrint
- Teimlai hwyluswyr cyflwyno y dylai'r glasbrint gael ei ystyried yn ddewislen yn hytrach nag yn fodel anhyblyg
- Mae cyflwyno ar-lein yn cynnig buddion ac anfanteision

Implementation of approach

- Some participants queried if the nature of the problem was right for testing the approach
- Some core components in the blueprint weren't followed
- Delivery facilitators felt that the blueprint should be seen as a menu rather than a rigid model
- Online delivery presents benefits and disbenefits

Gwerthuso a dysgu

Evaluation and learning

Ymatebion cyfranogwyr

- Cydnabod bod cam gweithredu â therfyn amser yn hoelio sylw
- Teimlai uwch arweinwyr a Grŵp Goruchwylio'r Prosiect y gellid rhoi mwy o amser i'r cam paratoi
- Teimlai rhai cyfranogwyr fod y gweithdai wedi cael eu hwyluso'n ormodol.
- Roedd ymateb uwch arweinwyr i sesiynau cymorth anogaeth yn gymysg

Participant reactions

- Recognition that time-limited action phase focused the minds
- Senior leaders and Project Oversight Group felt that more time could be given to the preparation phase
- Some participants felt the workshops were over facilitated
- Senior leaders had a mixed response to coaching support sessions

Gwerthuso a dysgu

Evaluation and learning

Rhagdybiaethau'r ToC

- Cytunwyd i raddau helaeth â'r rhagdybiaethau yn y ToC, heblaw am:

- Y gallu i ymgymryd â gweithgareddau yn ystod y cam gweithredu
- Cytundeb ar y cynllun ymadael ar ôl y cam gweithredu
- Yr ystod o atebion y gellir eu datblygu a'u profi
- Meddylfryd twf (?)

ToC assumptions

- Assumptions in ToC were broadly upheld apart from:

- Capacity to undertake activities during action phase
- Agreement on exit plan after action phase
- Range of solutions can be developed and tested
- Growth mindset (?)

Gwerthuso a dysgu

Evaluation and learning

Pwyntiau dysgu

- Catalydd ar gyfer newid
- Sensitif i gyd-destun
- Ffocws ar berthnasoedd o'r cychwyn cyntaf
- Angen capasiti i roi cymorth
- Pwysig cynllunio ar gyfer ymadael

Learning points

- Catalyst to change
- Context sensitive
- Focus on relationships from the outset
- Capacity required to support
- Exit planning important

Gwerthuso a dysgu

Evaluation and learning

“Mae’n teimlo fel petaem ni wedi dod yn agosach at rywbeth ystyrlon nag erioed o’r blaen, mewn cyfnod gweddol fyr. Felly, o gymharu â’m profiadau eraill, mae’n gadarnhaol iawn hyd yn hyn. Wn i ddim a fydd yn chwalu'r holl rwystrau a gawson ni o’r blaen, ond mae’n sicr wedi mynd â ni ymhellach ar hyd y llwybr, yn fy marn i.”
(Uwch arweinydd)

“Feels like we've got closer to something meaningful than we've ever got before, in quite a short space of time. So compared to my other experiences, it's being really positive so far. I don't know that it'll break all the barriers that we've experienced before, but it's certainly, I feel like, it's got us further along the track.”
(Senior leader)