



Allied Health Professionals (AHPs):

Our contribution to tackling the
impact of poverty on children
and young people in Wales

Gweithwyr Proffesiynol Perthynol i Iechyd (AHPs):

- Ein cyfraniad i fynd i'r afael ag
effaith tlodi ar blant a phobl ifanc
yng Nghymru

Learning outcomes/ Canlyniadau dysgu



- An understanding of AHPs' contribution to reducing the impact of poverty and health inequalities for children in Wales
- Increased awareness of:
 - the UK AHP public health [strategic framework](#) and its implementation in Wales
 - the Kings Fund Framework 'My role in tackling health inequalities'
 - existing initiatives/ case studies demonstrating AHP interventions with children living in poverty at universal and targeted levels and their impact
 - the AHP Early Years Health Inequalities Toolkit and how to access it
 - networks supporting this work in Wales
- Dealltwriaeth o gyfraniad AHPs at leihau effaith tlodi ac anghydraddoldebau iechyd i blant yng Nghymru
- Mwy o ymwybyddiaeth o:
 - fframwaith strategol iechyd cyhoeddus AHP y DU a'i weithrediad yng Nghymru
 - Fframwaith Cronfa'r Brenin 'Fy rôl i wrth fynd i'r afael ag anghydraddoldebau iechyd'
 - mentrau/astudiaethau achos presennol sy'n dangos ymyriadau AHP gyda phlant sy'n byw mewn tlodi ar lefelau cyffredinol a thargedu a'u heffaith
 - Pecyn Cymorth Anghydraddoldebau Iechyd Blynnyddoedd Cynnar AHP a sut i gael mynediad iddo
 - rhwydweithiau sy'n cefnogi'r gwaith hwn yng Nghymru

UK AHP Public Health Strategic Framework

Fframwaith Strategol Iechyd Cyhoeddus AHP y DU








Our Goals

-  **1. Developing the AHP workforce:** The AHP workforce will have the skills, knowledge and behaviours to promote, improve and protect the health and wellbeing of individuals, communities and populations.
-  **2. Demonstrating impact:** AHPs will be able to demonstrate their contribution to improved population level health outcomes through robust evaluation and research.
-  **3. Increasing the profile of the AHP public health role:** AHPs will be recognised as valuable public health experts through ongoing profile raising of the AHP contribution to public health.
-  **4. Strategic connections and leadership:** Effective relationships will exist between AHPs and system leaders at local and national levels to make best use of AHPs to improve public health and reduce health inequalities.
-  **5. Health and wellbeing of the workforce:** The expertise of AHPs will be used to protect and improve the health and wellbeing of the health and care workforce.

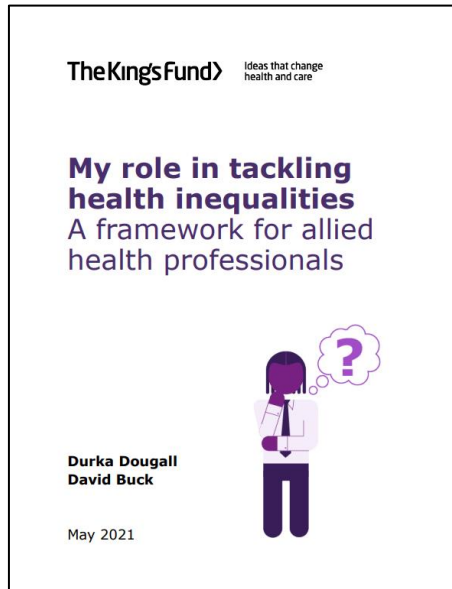
Fframwaith Strategol Iechyd y Cyhoeddus Proffesiynau Perthynol i Iechyd y DU 2019-2024



Ein Nodau:

-  **1. Datblygu gweithlu'r Proffesiynau Perthynol i Iechyd:** Bydd gan weithlu'r Proffesiynau Perthynol i Iechyd y sgiliau, y wybodaeth a'r ymddygiadau i hybu, gwella a diogelu iechyd a llesiant unigolion, cymunedau a phoblogaethau.
-  **2. Dangos effaith:** Bydd y Proffesiynau Perthynol i Iechyd yn gallu dangos eu cyfraniad at wella canlyniadau iechyd ar lefel y boblogaeth drwy waith ymchwil a gwerthuso cadarn.
-  **3. Codi profil rôl y Proffesiynau Perthynol i Iechyd o ran iechyd y cyhoedd:** Caiff y Proffesiynau Perthynol i Iechyd eu cydnabod fel arbenigwyr ar iechyd y cyhoedd y rhoddir gwerth arnynt, drwy'r gwaith parhaus i godi profil cyfraniad y Proffesiynau Perthynol i Iechyd at iechyd y cyhoedd.
-  **4. Cysylltiadau strategol ac arweinyddiaeth:** Bydd cydberthnasau effeithiol rhwng y Proffesiynau Perthynol i Iechyd ac arweinwyr systemau ar lefel leol a er mwyn manteisio i'r eithaf ar y Proffesiynau Perthynol i Iechyd iechyd y cyhoedd a lleihau anghydraddoldebau iechyd.
-  **5. Iechyd a llesiant y gweithlu:** Defnyddir arbenigedd y Proffesiynau Perthynol i Iechyd i ddiogelu a gwella iechyd a llesiant y gweithlu iechyd a gofal.

King's Fund framework/ Fframwaith Cronfa'r Brenin



- **Hunan**- Cael y pethau sylfaenol yn iawn
- **Cleifion** — darparu gofal i unigolion
- **Timau clinigol, llwybrau a grwpiau gwasanaeth-gofalu** am grwpiau o unigolion.
- **Cymunedau, rhwydweithiau** - cyrraedd yn ehangach.
- **Systemau** — Arwain ar draws iechyd a gofal yn eang.
- **Meithrin y dyfodol**

Why AHPs?/ Pam AHPs?

- second largest professional group in the NHS, 4 million contacts a weeks across the UK (RSPH, 2015)
- well positioned to reach children and young people in the community, and have the expertise to support them in a wide range of ways, mitigating the impact of **health inequalities**, **ACES** and **child poverty**.

Examples include:

- Speech and Language Therapists supporting families and Early Years practitioners to develop **responsive interaction** styles
- Dietitians training childcare practitioners to provide **healthy food environments**
- Music Therapists supporting **attachment** in Parent-infant relationship services
- Occupational Therapists training the Education workforce in **inclusion** and ALN
- Podiatrists working with schools to enhance **daily physical activity**



- ail grŵp proffesiynol mwyaf yn y GIG, 4 miliwn o gysylltiadau yr wythnos ledled y DU (RSPH, 2015)
- mewn sefyllfa dda i gyrraedd plant a phobl ifanc yn y gymuned, a meddu ar yr arbenigedd i'w cefnogi mewn ystod eang o ffyrdd, gan liniaru effaith **anghydraddoldebau iechyd, ACES a thlodi plant**.

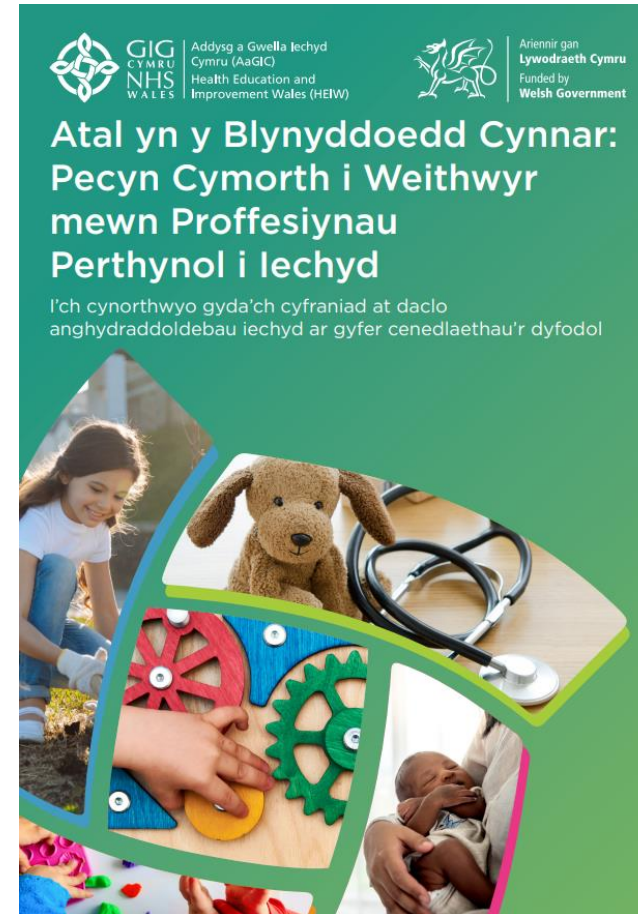
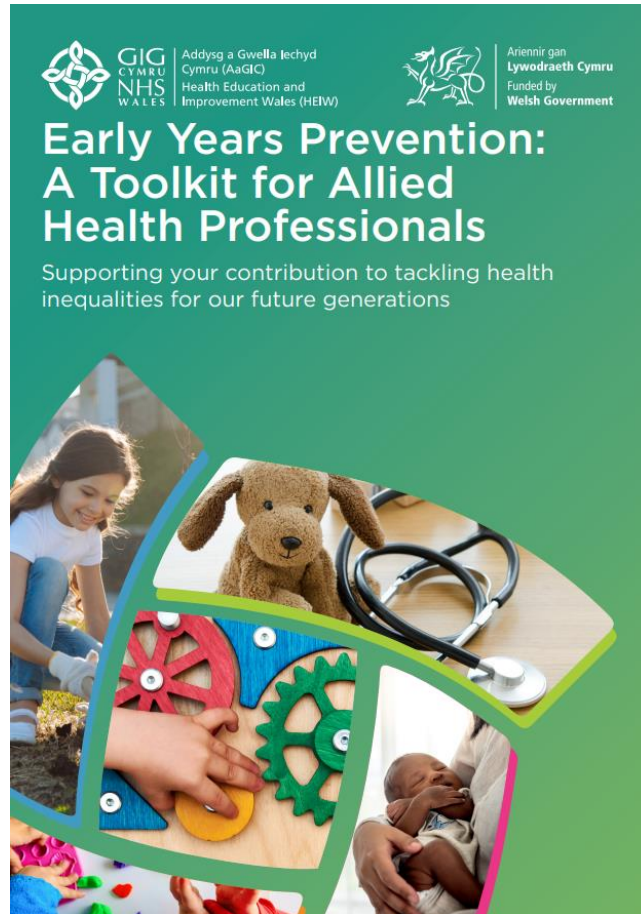
Mae enghreifftiau yn cynnwys:

- Therapyddion Lleferydd ac Iaith sy'n cefnogi teuluoedd ac ymarferwyr y Blynnyddoedd Cynnar i ddatblygu **arddulliau rhyngweithio ymatebol**
- Deietegwyr yn hyfforddi ymarferwyr gofal plant i ddarparu **amgylcheddau bwyd iach**
- Therapyddion Cerddoriaeth sy'n cefnogi **ymlyniad** mewn gwasanaethau perthynas rhieni-babanod
- Therapyddion Galwedigaethol yn hyfforddi'r gweithlu Addysg mewn **cynhwysiant** ac ADY
- Podiatryddion yn gweithio gydag ysgolion i wella **gweithgaredd corfforol dyddiol**



Early Years Health Inequalities Toolkit

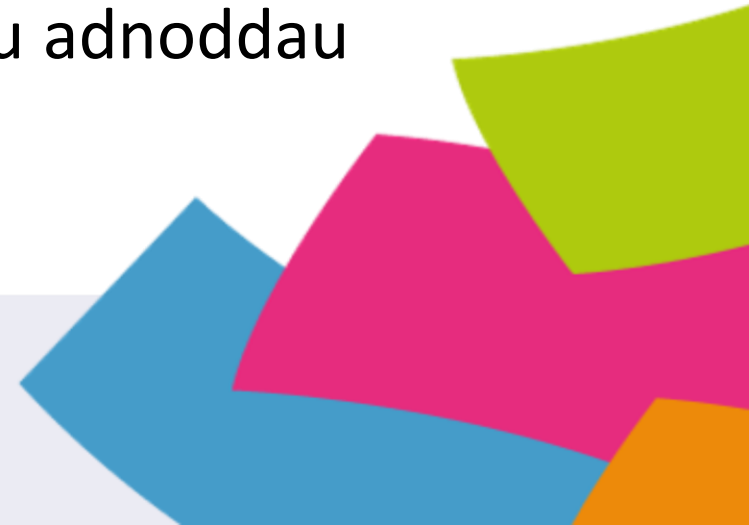
Pecyn Cymorth Anghydraddoldebau Iechyd y Blynyddoedd Cynnar



Early Years Health Inequalities AHP network

Rhwydwaith AHP Anghydraddoldebau Iechyd Blynyddoedd Cynnar

- Virtual meetings every 2 months
- Collaboration/ sharing good practice
- Guest speakers
- Consultation responses
- Coproduction of resources
- Cyfarfodydd rhithwir bob 2 fis
- Cydweithredu/rhannu arfer da
- Siaradwyr gwadd
- Ymatebion i'r ymgynghoriad
- Cyd-gynhyrchu adnoddau



Take home messages/ Negeseuon i'w cymryd adref

1. AHPs are well positioned to tackle health inequalities in the early years
 2. A toolkit to support AHPs in this work was launched in September and is available to all
 3. If you are AHP, get involved in this work. If you are not, involve an AHP in your work!
1. Mae AHPs mewn sefyllfa dda i fynd i'r afael ag anghydraddoldebau iechyd yn y blynyddoedd cynnar
 2. Lanswyd pecyn cymorth i gefnogi AHPs yn y gwaith hwn ym mis Medi ac mae ar gael i bawb
 3. Os ydych chi'n AHP, cymerwch ran yn y gwaith hwn. Os nad ydych chi, cynnwys AHP yn eich gwaith!

Diolch 😊

Please get in touch:

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Arweinydd ar gyfer iechyd y cyhoedd ac atal.

