

Supporting postnatal weight management

Date	28 November 2024
Venue:	Virtual (online via Microsoft Teams)
Time:	3.30 – 4.30
Chair:	Dr Amrita Jesurasa

Agenda

Time	Agenda Item	Who
15:30	Welcome, housekeeping and overview	Dr Amrita Jesurasa, Consultant in Public Health, Lead for Prevention in Clinical Settings, Public Health Wales
15:40	Effectiveness and implementation of lower-intensity weight management interventions delivered by the non-specialist workforce in postnatal women: a mixed-methods systematic review	Prof Nicola Heslehurst, Professor of Maternal and Child Nutrition, Newcastle University
15:50	Behavioural systems mapping and postnatal weight management	Dr Alice Cline, Principal Behavioural Science Specialist, Public Health Wales
16:00	Time to Talk Public Health panel findings: Postnatal Weight Management	Dr Catherine Sharp, Principal Public Health Researcher, Public Health Wales
16:10	Next steps for supporting postnatal weight management in Wales: Developing a pathway from gestational diabetes to the All Wales Diabetes Prevention Programme Supporting postnatal health and wellbeing	Catherine Washbrook, Strategic Lead for Community Dietetics Services, Cardiff and Value UHB Dr Helen Munro, Consultant Community Sexual and Reproductive Healthcare, Clinical Lead Women's Health Network, NHS Executive, Honorary Professor Aberystwyth University, Honorary Senior Lecturer, Cardiff University
16:20	Question and Answer Session	
16:30	Close	Dr Amrita Jesurasa, Consultant in Public Health, Lead for Prevention in Clinical Settings, Public Health Wales