

# The Cwm Taf Morgannwg Baby and Toddler Voice



Gwasanaeth Meithrin Teuluoedd  
Cwm Taf Morgannwg

Cwm Taf Morgannwg  
Nurturing Families Service

*Meithrin y Dechreuadau, Siapio'r Dyfodol*  
*Nurturing Beginning, Shaping Tomorrow*

**Lucy Smothers: Clinical Director Starting Well & Living Well  
Strategy Group Julie Powell-Jones: Parent Infant Relationship  
Project Manager**

# Llais y Baban a'r Plentyn Bach Cwm Taf Morgannwg



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Nurturing Families Service

*Meithrin y Dechreuadau, Siapio'r Dyfodol*  
*Nurturing Beginning, Shaping Tomorrow*

**Lucy Smothers: Cyfarwyddwr Clinigol Grŵp Strategaeth Dechrau'n  
Dda a Byw'n Dda**  
**Julie Powell-Jones: Rheolwr Prosiect Perthynas rhwng Rhieni a  
Babanod (PIR)**

# CTM Baby & Toddler Voice: Introductions & Aims

- To introduce the process behind and the rational for the CTM Baby & Toddler Voice Statements
- To provide an overview of the partnerships and experts involved in creating the statements
- To provide an insight into the process behind the development of the Statements
- Provide detail on the Consultation process and results
- Provide detail on the sign off and launch

- **Cyflwyno'r broses y tu ôl a'r rhesymeg dros Ddatganiadau Llais y Baban a'r Plentyn Bach CTM**
- **Darparu trosolwg o'r partneriaethau a'r arbenigwyr sy'n ymwneud â chreu'r datganiadau**
- **Rhoi cipolwg ar y broses y tu ôl i ddatblygu'r Datganiadau**
- **Darparu manylion y broses Ymgynghori a'r canlyniadau**
- **Rhoi manylion ar y cymeradwyo a'r lansio**



# The Cwm Taf Morgannwg Baby & Toddler Voice Statements



## Where it all started: CTM Early Years Transformation: Vision, priorities and aims:

### Vision

High quality, accessible early years services enable families to support the development of confident, happy and healthy children across Cwm Taf Morgannwg.

### Strategic aims

1. A coordinated regional approach where professionals use a common language to promote and deliver life changing quality support in the early years;
2. The voice of the unborn/infants/children is represented in all discussions where parents/carers, professionals and community groups work together to review and design services for young children aged 0-7 years.

**Workstream 1: Evaluation of RCT Pilot end-to-end**

**Workstream 2: Developing Support for the Parent Infant Relationships**

**Workstream 3: Developing Resilience in Parent Infant Relationships 2-4 years of age**

**Workstream 4: Identifying Need, Measuring Quality & Tracking Outcomes**

**Workstream 5: Establishing Service User Engagement**

**Workstream 6: Supporting Transition into Educational Settings**

## Lle dechreuodd y cyfan: Trawsnewid y Blynyddoedd Cynnar CTM: Gweledigaeth, blaenoriaethau a nodau:

### Gweledigaeth

Mae gwasanaethau blynyddoedd cynnar hygyrch o ansawdd uchel yn galluogi teuluoedd i gefnogi datblygiad plant hyderus, hapus ac iach ar draws Cwm Taf Morgannwg.

### Strategic aims

1. A coordinated regional approach where professionals use a common language to promote and deliver life changing quality support in the early years;
2. The voice of the unborn/infants/children is represented in all discussions where parents/carers, professionals and community groups work together to review and design services for young children aged 0-7 years.

**Ffrwd waith 1:** Gwerthusiad o broses Peilot RhCT o'r dechrau i'r diwedd

**Ffrwd waith 2: Datblygu Cefnogaeth i Berthynas Rhwng Rhieni a Babanod**

**Ffrwd waith 3: Datblygu Gwydnwch mewn Perthnasoedd rhwng Rhieni a Phlant 2-4 oed**

**Ffrwd Gwaith 4: Nodi Angen, Mesur Ansawdd ac Olrhain Canlyniadau**

**Ffrwd waith 5: Sefydlu Ymgysylltiad Defnyddwyr Gwasanaeth**

**Ffrwd waith 6: Cefnogi trawsnewid i Leoliadau Addysgol**

## Investing in the emotional wellbeing of our babies is a wonderful way to invest in the future.

Giving children the best start in life.

Improving the mental and physical health of the next generation.

Reducing risky and antisocial behaviour and the costs they bring.

Building a skilled workforce to support a thriving economy.

Creating a compassionate society.



The **first 1001 days**, from conception to age two, is a period of rapid growth. During this time **babies' growing brains are shaped by their experiences**, particularly the **interactions** they have with their parents and other caregivers. What happens during this time lays the **foundations for future development**.



Early relationships between babies and their parents are incredibly important for building healthy brains.

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# Baby and Toddler Voice



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## A Summary of The United Nations Convention on the Rights of the Child

The United Nations Convention on the Rights of the Child (UNCRC) is an international agreement that protects the human rights of children up to the age of 18. It recognises not only their basic human rights but gives them additional rights to protect them from harm as one of the most vulnerable groups in society.

In 2011 the Welsh Government made the UNCRC law in Wales, with the Rights of Children and Young Persons (Wales) Measure 2011. The Measure places a duty on Welsh Ministers to have a due regard to the UNCRC and its Optional Protocols when making their decisions.

Altogether there are 54 articles in the convention. Articles 43-54 are about how adults and governments should work together to make sure all children are entitled to their rights. The information contained here is about articles 1-42 which set out how children should be treated.

To read the full text of the UN Convention go to:

[http://www.unicef.org.uk/Documents/Publication-pdfs/UNCRC\\_PRESS200910web.pdf](http://www.unicef.org.uk/Documents/Publication-pdfs/UNCRC_PRESS200910web.pdf)



Llywodraeth Cymru  
Welsh Government

### For further information on the United Nations Convention on the Rights of the Child please visit:

The Welsh Government's UNCRC website  
[gov.wales/childrens-rights](http://gov.wales/childrens-rights)

The Welsh Government's UNCRC e-mail  
[childrensrights@gov.wales](mailto:childrensrights@gov.wales)

Young Wales  
[www.youngwales.wales](http://www.youngwales.wales)

Children's Commissioner for Wales  
[www.childcomwales.org.uk](http://www.childcomwales.org.uk)

The 'Rights of Children and Young Persons (Wales) Measure' 2011 documents can be found at:  
<http://www.legislation.gov.uk/mwa/2011/2/contents>



@C\_R\_Wales @ChildrensRightsWales



## Infant Pledge



I am one of Scotland's youngest citizens. To give me the best start, so that I can thrive throughout my life, I need to be seen as a person with my own feelings and rights. I depend on adults to interpret my cues and communications so that my rights are upheld, and my voice is heard.

My relationships with the people who care for me are important and directly affect how my brain grows and develops, and how I learn to process and regulate my feelings. Safe and secure relationships and consistent care support my wellbeing now and give me better chances and outcomes in later life too.

Professionals and academics in the field of Infant Mental Health alongside organisations championing the rights and welfare of babies and very young children have come together on my behalf to create the following expectations, which they believe would help improve my life chances.

### I expect that I will:

1. Be seen as a person with my own feelings and views.
2. Be seen as able to communicate my feelings and views.
3. Be able to trust my important adults to think carefully about my feelings and views and speak them for me.
4. Be supported to have secure relationships with the adults who care for me.
5. Have safe, interesting places to play and learn, and the help I need to do so.
6. Have my views valued by my family, community, and society.
7. Have a say in decisions about what happens to me.

### My important adults will:

8. Have support to be healthy, including before I am born.
9. Have the information they need to make good choices for me.
10. Have the support they need to understand and meet my needs and their own.
11. Have help from people with the right knowledge and skills.

### It is everyone's responsibility to:

12. Consider me and my perspective at all levels of decision making.

Produced by the Voice of the Infant subgroup on behalf of the Scottish Government's Infant Mental Health Implementation and Advisory Group



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# Llais y Baban a'r Plentyn Bach



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Scottish Government  
Riaghaltas na h-Alba



# The CTM Baby & Toddler Voice – Starting the Journey



In October 2023, the EYTP organised a Parent & Infant Conference.

The Baby Pledge was introduced as a Workshop. Staff were asked to create a series of expectations for what:

- *'I should'* (a baby/ pre-verbal infant) expect from my main care givers that would support my optimal emotional, social and cognitive brain development.
- *'My important adults'* would need (support a prospective parent/ new parent) to nurture my emotional, social and cognitive brain development.
- *'I'* (the baby/ pre-verbal infant) can expect from *my environment to support my emotional, social and cognitive brain development*



Rhaglen Trawsnewid y Blynyddoedd Cynnar Cwm Taf  
Yn cefnogi anghenion Plant Ifanc (0-7 oed) (0-7 years)

Cwm Taf Early Years Transformation Programme  
Supporting the needs of Young Children (0-7 years)

## Cwm Taf Morgannwg Early Years Transformation Conference:

The Power of Healthy Parent Infant Relationships to Change Lives

### Tuesday 10th October 2023

**Hawthorn leisure Centre**  
Fairfield Lane, Rhydyfelin, CF37 5LN  
**8.45am - 4.15pm**

**Confirmed key speakers:**  
**Paul Mears:** (CEO) CTMUHB - The importance of the early years in CTM health  
**Philip Daniels:** Interim DPH CTMUHB - The PIR & longer-term health outcomes  
**Karen Bateson:** Psychology Consultant - Response to the Healthier Lives Report  
Includes opportunities to discuss future developments, across the CTM region.

Image courtesy of Mental Health Foundation  
**Lunch provided**  
Places are limited, so please register early (closing date **Monday 4th September**) by following the link [here](#) or Scan QR Code to register:



**Places will be confirmed by: Friday 15th September 2023**

Fully funded by the CTM Early Years Transformation Programme

Mae'r ddogfen yma ar gael yn y Gymraeg / This document is available in Welsh.



Bwrdd Iechyd Prifysgol Cwm Taf Morgannwg University Health Board



Yr Awdurdod Gogledd Cymru Cymunedol North Wales Community Development



Yr Awdurdod Gogledd Cymru Cymunedol Merthyr Tydfil Merthyr Tydfil Community Development



RHONDDA CYNON TAF





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# Llais y Baban a'r Plentyn Bach CTM - Dechrau'r Daith



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Ym mis Hydref 2023, trefnodd yr EYTP Gynhadledd Rhieni a Babanod.

Cafodd yr Adduned Babanod ei gyflwyno fel Gweithdy. Cafodd staff eu gofyn i greu cyfres o ddisgwyliadau ar gyfer beth:

- *'Dylwn i'* (baban/baban cyn-eiriol) ei ddisgwyl gan fy mhrif ofalwyr a fyddai'n cefnogi fy natblygiad emosiynol, cymdeithasol a gwybyddol gorau posibl.
- Beth fyddai ei angen ar *'fy oedolion pwysig'* (cefnogi darpar riant/rhiant newydd) i feithrin fy natblygiad emosiynol, cymdeithasol a gwybyddol yn yr ymennydd.
- Galla 'i' (y babi / baban cyn-eiriol) ei ddisgwyl o *fy amgylchedd i gefnogi fy natblygiad emosiynol, cymdeithasol a gwybyddol yn yr ymennydd*

Rhaglen Trawsnewid y Blynyddoedd Cynnar Cwm Taf  
Yn cefnogi anghenion Plant Ifanc (0-7 oed)

Cwm Taf Early Years Transformation Programme  
Supporting the needs of Young Children (0-7 years)

## Cwm Taf Morgannwg Early Years Transformation Conference:

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Fairfield Lane, Rhydyfelin, CF37 5LN  
8.45am - 4.15pm

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# Next Steps



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## Collated feedback:

- Feedback was collated and themed
- Used to underpin direction within four CTM multi-disciplinary Task & Finish Groups supported by Children in Wales and the All Wales Development Lead for the Parent Infant Foundation.
- Results were augmented by a small service-user engagement group of mums.

<p>Create a series of expectations that <u>'I should'</u> (a baby/ pre-verbal infant) expect from my main care givers that would support my optimal emotional, social and cognitive brain development.</p>	
<p>Safe from access, <del>cold</del>, air pollution &amp; physical harm, safe place to sleep, keep me safe, feel safe, feel loved and secure, safety, safety, feel secure, attention/ cuddles, love, interaction, feel safe, feel loved, loved, love, to be loved, love, warmth, patience, stability, interest in me, ability to meet basic needs, cwtches, comforted, cwtches, cuddles, be cuddled, to be loved and made to feel secure in that love, to love me and show me love, to be accepted as an individual, name- identity, be myself, belong, belonging, not being, not be ignored when i cry u come, reciprocity, free air, routine, food, safety, warm clean ( basic needs), want a chance to mix with others, other to know who is in my village, not meeting too many people too quickly, meeting others, skin to skin, bath time, massage, new experiences, attention, be at the centre of my care and feel important, to be responded to, cuddled and made to feel important, respond to me, touch, listening to me understand my wants, needs and responding. Listened too, listened too, listened too, never be lonely- talk to me, encouraged, supported to play, stimulating environment, play with my mum, songs &amp; talking, stimulation <del>on</del> colours and touch, containment, stimulation, wanted, feeling safe, stories, kind faces, stimulation, play, should have health needs met, music, mobiles, closeness, routine, fully vaccinated, basic care, love, food, time love, warm environment, support, love, attention, stimulating play, clean safe environment. To have my basic needs met, needs met- not living day to day, food/milk, basic needs met, food, clean, nappy changing, being free from nappy, attentiveness, time to be together and closeness, appropriate nutriment, be kept clean, not too hot or cold, food, breast feeding response feeding, bottle feeding, being carried and ques, nutrition, warmth, cuddles and safety</p>	
<p>Food; care, safety, love and warmth, stability, security, stimulation responses, connection, prioritised to feel important, to be communicated with and to; playfulness</p>	<p>Good eye contact; to feel safe; fed; stimulated; gentleness; understand; interaction; valued; clothed; understood; to be spoken to softly and kindly;</p>
<p>To be understood; routine; a chance to mix with others</p>	<p>To be safe; to have my needs met and to be loved and cared for. To love me; form a connection, cuddle and talk to me, interacted with; fed; watered; and cherished; read to me; feed me; comfort me; to be loved; to be kept safe; to be looked after and be spoken to; to be fed; to be stimulated; to be loved; to be happy; to be talked to; to be loved and kept safe and warm;</p>
<p>To be fed well &amp; not hungry; to be cuddled; hugs and love; responded to; to be noticed; food; to feel secure and safe; warmth; response from parents when needed; eye contact; laughter; smiles; care and kindness; to be taught things; safety; to be put to bed when i'm tired; to be comforted when i cry; kisses; to be washed regularly and safely; to be fed regularly; singing to me; safe and secure; part of the family; to meet my wider family and be welcomed; social interaction; to have good experiences; safe places to take me and learn about the word and friends, sing and dance and</p>	<p>To have appropriate stimulation, be talked too, sang too, cuddles, feel loved, playfulness- tickles and songs, taught and encouraged to play, feel listened too, taken outside – enjoy nature, should be listened too and heard, parent to show they understand me, i should be read too, should live somewhere safe and warm, read too</p>



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# Camau Nesaf



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## Adborth wedi'i goladu:

- Cafodd adborth ei goladu a'i rhoi mewn themâu.
- Cafodd ei ddefnyddio i danategu cyfeiriad o fewn pedwar Grŵp Gorchwyl a Gorffen amlddisgyblaethol CTM a gefnogir gan Plant yng Nghymru ac Arweinydd Datblygu Cymru Gyfan ar gyfer y Sefydliad Rhieni Babanod.
- Cafodd canlyniadau eu hategu gan grŵp bach o famau ymgysylltu â defnyddwyr gwasanaeth.

Create a series of expectations that 'I should' (a baby/ pre-verbal infant) expect from my main care givers that would support my optimal emotional, social and cognitive brain development.

Safe from access, ~~cold~~, air pollution & physical harm, safe place to sleep, keep me safe, feel safe, feel loved and secure, safety, safety, feel secure, attention/ cuddles, love, interaction, feel safe, feel loved, loved, love, to be loved, love, warmth, patience, stability, interest in me, ability to meet basic needs, catches, comforted, catches, cuddles, be cuddled, to be loved and made to feel secure in that love, to love me and show me love, to be accepted as an individual, name- identity, be myself, belong, belonging, not being, not be ignored when i cry u come, reciprocity, free air, routine, food, safety, warm clean ( basic needs), want a chance to mix with others, other to know who is in my village, not meeting too many people too quickly, meeting others, skin to skin, bath time, massage, new experiences, attention, be at the centre of my care and feel important, to be responded to, cuddled and made to feel important, respond to me, touch, listening to me understand my wants, needs and responding. Listened too, listened too, listened too, never be lonely- talk to me, encouraged, supported to play, stimulating environment, play with my mum, songs & talking, stimulation, colours and touch, containment, stimulation, wanted, feeling safe, stories, kind faces, stimulation, play, should have health needs met, music, mobiles, closeness, routine, fully vaccinated, basic care, love, food, time love, warm environment, support, love, attention, stimulating play, clean safe environment. To have my basic needs met, needs met- not living day to day, food/milk, basic needs met, food, clean, nappy changing, being free from nappy, attentiveness, time to be together and closeness, appropriate nutriment, be kept clean, not too hot or cold, food, breast feeding response feeding, bottle feeding, being carried and ques, nutrition, warmth, cuddles and safety

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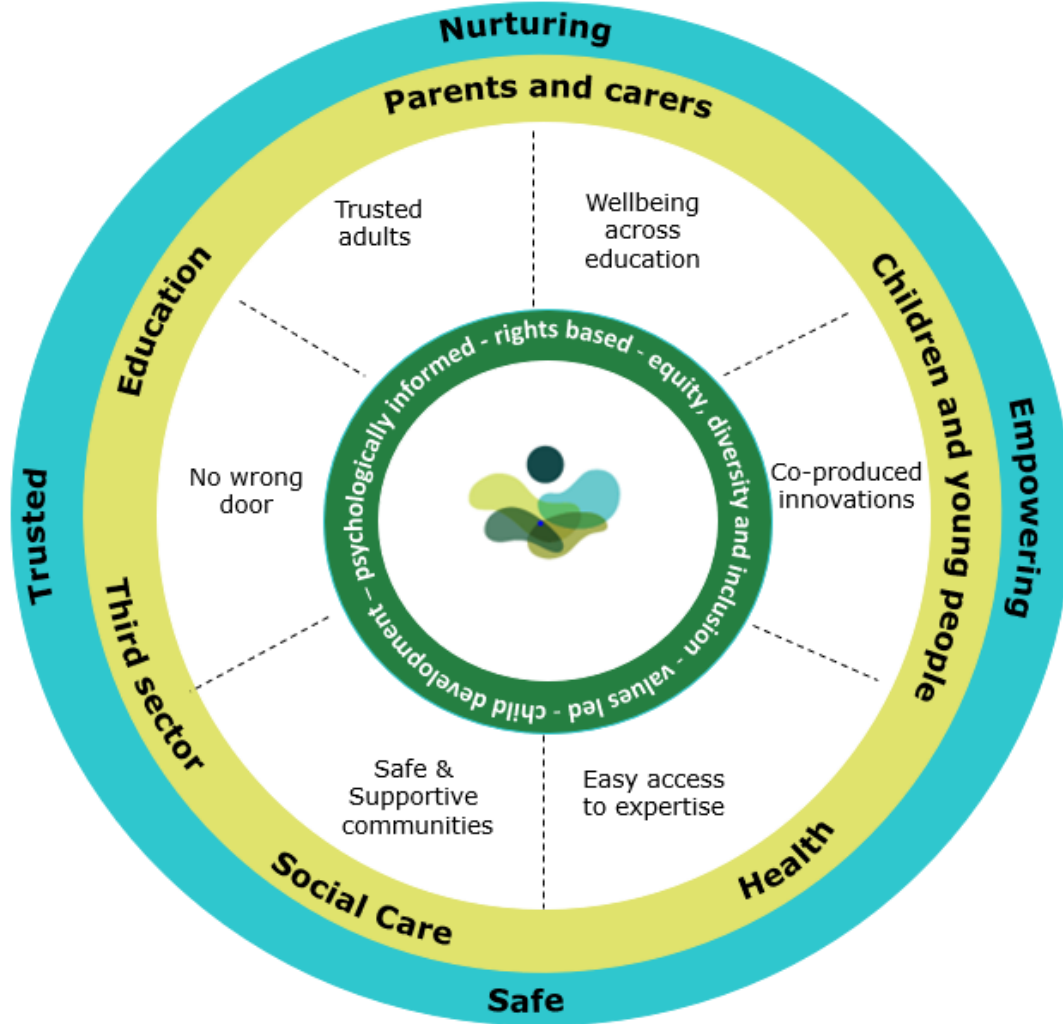
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To have appropriate stimulation, be talked too, sang too, cuddles, feel loved, playfulness- tickles and songs, taught and encouraged to play, feel listened too, taken outside – enjoy nature, should be listened too and heard, parent to show they understand me, i should be read too, should live somewhere safe and warm, read too



## Mapping the Statements



	Statement	UNCRC Articles which support statement
<b>I need....</b>		
1.	I need to be kept clean, warm and have healthy food and shelter to grow and thrive.	6 and 27
2.	I need you to understand that I depend on you to keep me close (physically and in mind); to see me, respond to me and take time to get to know me.	3
3.	I need you to understand how I communicate, learn my cues and to consistently respond in a warm and loving way.	12
4.	I need you to understand that my experiences now will impact my future.	3 and 6
5.	I need you to remember that I'm my own person: allow me to be me and consider me in all the decisions you make	3, 8 and 29
6.	I need a safe place to play and learn, to have fun and to feel happy; help me feel safe and protected from things I find scary.	19, 29 and 31
7.	I need opportunities to interact with others and learn from new experiences.	2
8.	I need you to help me develop connections with (other babies) friends, family and my community.	6, 8 and 15
<b>I need my trusted grown-up ...</b>		
9.	I need my trusted grown-up to understand the importance of safe and caring relationships now, as well as in the future.	
10.	I need my trusted grown-up to look after my, and their health before, during and after my arrival, and to reach out for help if things are not right.	
11.	I need my trusted grown-up to understand and respond to my unique needs.	
12.	I need my trusted grown-up to have help and information in the right way, at the right time, and in the right place so they can make the best choices for me.	
<b>We need...</b>		
13.	We need access to good and affordable public transport so I can be taken to interesting places and to get the help and support we need.	2
14.	We need safe pavements and routes to access clean and green public spaces.	19 and 24
15.	We need important people to understand how vital my early years are for me to reach my full potential, and reflect this in all documents related to me and little ones.	6 and 24

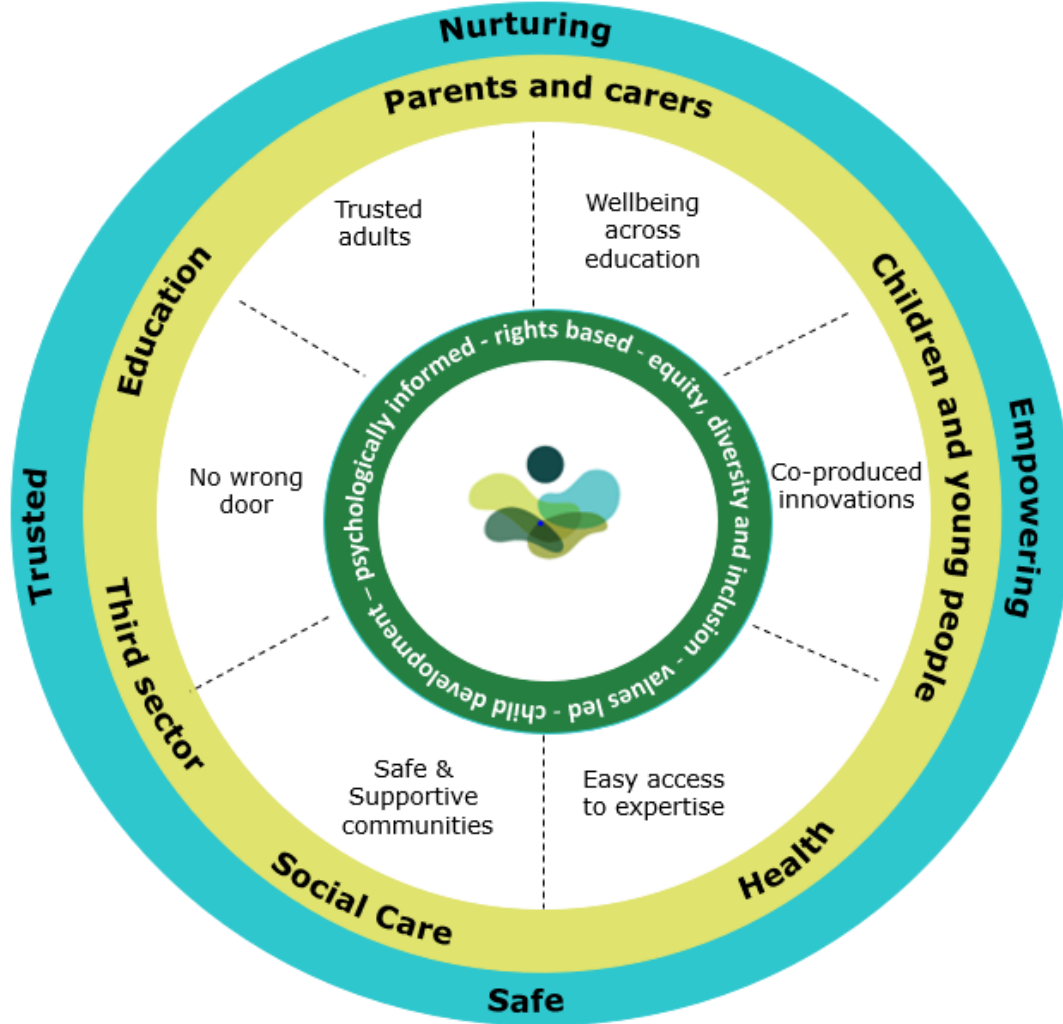
\*\*We acknowledge that the baby's main caregiver may not be their biological parent but for the purposes of this resource we will use the term 'trusted adult'.





NYTH | NEST

# Mapio'r Datganiadau



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11.	I need my trusted grown-up to understand and respond to my unique needs.	
12.	I need my trusted grown-up to have help and information in the right way, at the right time, and in the right place so they can make the best choices for me.	
<b>We need...</b>		
13.	We need access to good and affordable public transport so I can be taken to interesting places and to get the help and support we need.	2
14.	We need safe pavements and routes to access clean and green public spaces.	19 and 24
15.	We need important people to understand how vital my early years are for me to reach my full potential, and reflect this in all documents related to me and little ones.	6 and 24

\*\*We acknowledge that the baby's main caregiver may not be their biological parent but for the purposes of this resource we will use the term 'trusted adult'.



## Impact on Staff:

- A greater understanding about the important uniqueness of the F1000 within the UNCRC
- A greater level of sensitivity to the voice of the pre-verbal infant;
- A greater understanding of infant's rights and needs;
- An improvement in the understanding and quality of relationships with infants by considering the perspective, feelings and emotions of the pre-verbal infant in all matters concerning them;

## Impact on institutions

- A change in organisational culture towards greater respect, consideration and inclusion for the Rights and Voice of the Pre-verbal Infant/ Children's rights;
- Recognition of babies and their unique needs included in documents relating to 'Children & Young People'- changing the narrative to 'Babies, Children & Young People'

## Impact on Families/ community

- A greater awareness in seeing the baby as an individual, with thoughts, feelings and emotions;
- Greater awareness of the nurturing environment and behaviours surrounding a baby and toddler and how this will impact on their emotions and feeling of safety;
- A greater awareness of children's rights and attitudes towards babies and pre-verbal infants;
- Future opportunities for babies, toddler & children's participation



# Effaith arfaethedig Llais y Baban a'r Plentyn Bach CTM:



## Effaith ar Staff:

- Gwell dealltwriaeth o natur unigryw bwysig y 1000 diwrnod cyntaf o fewn CCUHP
- Lefel uwch o sensitifrwydd i lais y baban cyn-eiriol;
- Gwell dealltwriaeth o hawliau ac anghenion babanod;
- Gwelliant yn nealltwriaeth ac ansawdd y berthynas â babanod trwy ystyried persbectif, teimladau ac emosiynau'r baban cyn-eiriol ym mhob mater sy'n ymwneud â nhw;

## Effaith ar sefydliadau

- Newid yn niwylliant y sefydliad tuag at fwy o barch, ystyriaeth a chynhwysiant i Hawliau a Llais y Babanod Cyn-Eiriol / Hawliau Plant;
- Cydnabod babanod a'u hanghenion unigryw wedi'u cynnwys mewn dogfennau sy'n ymwneud â 'Plant a Phobl Ifanc' - newid y naratif i 'Babanod, Plant a Phobl Ifanc'

## Effaith ar Deuluoedd/Cymuned

- Mwy o ymwybyddiaeth o weld y babi fel unigolyn, gyda meddyliau, teimladau ac emosiynau;
- Mwy o ymwybyddiaeth o'r amgylchedd meithrin a'r ymddygiadau o amgylch babi a phlentyn bach a sut y bydd hyn yn effeithio ar eu hemosiynau a'u teimlad o ddiogelwch;
- Mwy o ymwybyddiaeth o hawliau plant ac agweddau tuag at fabanod a babanod cyn-eiriol;
- Cyfleoedd yn y dyfodol i fabanod, plant bach a chyfranogiad plant



# Consultation & Engagement on the CTM Baby & Toddler Voice



**Staff :** A staff news piece was shared on the CTMUHB Staff platform in August 2024. This alongside an additional 16 events and meetings, provided the opportunity for 222 CTM staff to contribute to the Consultation.

- A greater understanding by staff of the uniqueness of the first 1000 days within the UNCRC (94%)
- A greater level of sensitivity by staff of the voice of the preverbal infant (94%)

***“Being able to see from the baby’s point of view”.***

- An improved understanding by staff of the voice, perspective and emotions of the pre-verbal infant (PVI)(94%)
- An improved recognition by staff of the voice, perspective, feelings and emotions of the PVI in decision making- 94%

***“It makes you develop your own awareness of the impact that can be had on children”.***

- A potential change in organisational culture towards a greater consideration of the rights and voice of the PVI (82%)
- Future/ increased recognition of the baby’s voice included in documents relating to babies, children & young people (94%).

**Public:** Public engagement took place at the RCT Eisteddfod on 6<sup>th</sup> August 2024

An overwhelming appreciation of the baby & toddler Voice Statements being written through the ‘voice of the baby’ and that the voice of the baby was being considered. (100%).

***“Child voice is always to be heard no matter how old they are, and it’s hard for them to have a voice, so they is a good way to get their voice heard”***



# Ymgynghori ac Ymgysylltu ar y Llais y Baban a'r Plentyn Bach CTM:



**Staff :** Cafodd darn newyddion staff ei rhannu ar blatfform Staff BIPCTM ym mis Awst 2024. Rhoddodd hyn, ynghyd ag 16 o ddigwyddiadau a chyfarfodydd ychwanegol, gyfle i 222 o staff CTM gyfrannu at yr Ymgynghoriad.

- Gwell dealltwriaeth gan staff o unigrywiaeth y 1000 diwrnod cyntaf o fewn CCUHP (94%)
- Lefel uwch o sensitifrwydd gan staff o lais y baban cyn-eiriol (94%)

***“Gallu gweld o safbwynt y babi”.***

- Gwell dealltwriaeth gan staff o lais, persbectif ac emosiynau'r baban cyn-eiriol (PVI)(94%)
- Gwella adnabyddiaeth gan staff o lais, persbectif, teimladau ac emosiynau'r baban cyn-eiriol wrth wneud penderfyniadau- 94%)

***“Mae’n gwneud i chi ddatblygu eich ymwybyddiaeth eich hun o’r effaith y gellir ei chael ar blant”.***

- Newid posibl mewn diwylliant sefydliadol tuag at roi mwy o ystyriaeth i hawliau a llais cyn-eiriol (82%)
- Cynyddu adnabyddiaeth o lais y babi yn y dyfodol wedi'i gynnwys mewn dogfennau sy'n ymwneud â babanod, plant a phobl ifanc (94%)

**Y Cyhoedd:** Cafodd ymgysylltu ei wneud â'r cyhoedd yn Eisteddfod RhCT ar<sup>6</sup> Awst 2024

Gwerthfawrogiad aruthrol o ddatganiadau llais y baban a'r plentyn bach yn cael eu hysgrifennu trwy 'lais y babi' a bod llais y babi yn cael ei ystyried. (100%).

**“Mae llais y plentyn bob amser i’w glywed waeth pa mor hen ydyn nhw ac mae’n anodd iddyn nhw gael llais felly mae hyn yn ffordd dda iddyn nhw gael eu clywed”**



# The process to sign-off the CTM Baby & Toddler Statements



## Sign-Off

**Robust engagement and consultation with staff and families.**

**Taken via formal governance for sign off via Children and Families Care Group, Executive Leadership Group and our Executive sponsor presented to health board committee members as part of in January 2025.**

**Present to Health Board Stakeholder Reference Group in April 2025.**

## Launch

**The Launch of the CTM Baby & Toddler statements is planned for:**

**Although this is a CTMUHB launch, all partners who contributed to the writing of the statements will be invited . It is hoped the statements will be adopted across all participating CTM organisations and serve to bring into focus the voice of the baby in all matters that concern them.**

## • Llofnodi

- Ymgysylltu ac ymgynghori cadarn â staff a theuluoedd.
- Wedi'i gymryd drwy lywodraethu ffurfiol i'w gymeradwyo drwy'r Grŵp Gofal Plant a Theuluoedd, y Grŵp Arwain Gweithredol a'n noddwr Gweithredol a chafodd ei gyflwyno i aelodau pwyllgor y bwrdd iechyd fel rhan o fis Ionawr 2025.
- Cyflwyno i Grŵp Cyfeirio Rhanddeiliaid y Bwrdd Iechyd ym mis Ebrill 2025.

## Lansio

Mae bwried lansio datganiadau llais y baban a'r plentyn bach CTM ar gyfer:

Er mai lansiad BIPCTM yw hwn, bydd gwahoddiad i'r holl bartneriaid a gyfrannodd at ysgrifennu'r datganiadau. Y gobaith yw y bydd y datganiadau'n cael eu mabwysiadu ar draws yr holl sefydliadau CTM sy'n cymryd rhan a'u bod yn dod â llais y babi i ffocws ym mhob mater sy'n ymwneud â nhw.



## Cwm Taf Morgannwg Baby and Toddler Voice

The period before I am born until I am aged two, is important for my development. My experiences, environment and, particularly, the connections I have with people who care for me will influence my future relationships, behaviour, learning and emotional well-being across my lifetime.<sup>1</sup>

It is important that you see me as my own person with feelings, rights and preferences. I rely on you to consider my views and interpret what I am trying to tell you, so I am central to each decision that affects me and keeps me safe and secure.<sup>2</sup>

To help me be happy, healthy and safe, it is important that everyone is aware of their responsibilities to consider my rights, as well as the rights of all children in decisions that affect them. Parents and over 120 staff working with little ones like me, considered my rights as set out in the UNCRC<sup>3</sup> and used my voice to draft these expectations at several Task and Finish Groups orchestrated by the Cwm Taf Morgannwg Early Years Transformation Programme, Children in Wales and Parent Infant Foundation.

### I need...

- I need** to be kept clean, warm and have healthy food and shelter to grow and thrive.  
*UNCRC Articles which support statement 6 and 27*
- I need** you to understand that I depend on you to keep me close (physically and in mind); to see me, respond to me and take time to get to know me.  
*UNCRC Articles which support statement 3*
- I need** you to understand how I communicate, learn my cues and to consistently respond in a warm and loving way.  
*UNCRC Articles which support statement 12*
- I need** you to understand that my experiences now will impact my future.  
*UNCRC Articles which support statement 3 and 6*
- I need** you to remember that I'm my own person: allow me to be me and consider me in all the decisions you make.  
*UNCRC Articles which support statement 3, 6 and 29*
- I need** a safe place to play and learn, to have fun and to feel happy; help me feel safe and protected from things I find scary.  
*UNCRC Articles which support statement 19, 29 and 31*
- I need** opportunities to interact with others and learn from new experiences.  
*UNCRC Articles which support statement 2*
- I need** you to help me develop connections with (other babies) friends, family and my community.  
*UNCRC Articles which support statement 6, 8 and 10*

### I need my trusted grown-up...

- I need my trusted grown-up** to understand the importance of safe and caring relationships now, as well as in the future.
- I need my trusted grown-up** to look after me, and their health before, during and after my arrival, and to reach out for help if things are not right.
- I need my trusted grown-up** to understand and respond to my unique needs.
- I need my trusted grown-up** to have help and information in the right way, at the right time, and in the right place so they can make the best choices for me.

### We need...

- We need** access to good and affordable public transport so I can be taken to interesting places and to get the help and support we need.  
*UNCRC Articles which support statement 2*
- We need** safe pathways and routes to access clean and green public spaces.  
*UNCRC Articles which support statement 19 and 24*
- We need** important people to understand how vital my early years are for me to reach my full potential, and reflect this in all documents related to me and little ones.  
*UNCRC Articles which support statement 6 and 24*

<sup>1</sup> Parent Infant Foundation (2024) The First 1001 Days Evidence Brief Series: <https://parentinfantfoundation.org.uk/1001-days/resources/evidence-briefs/>

<sup>2</sup> Infant Pledge: Voice of the Infant: best practice guidelines and infant pledge - gwacast ([www.gwacast.org](http://www.gwacast.org))

<sup>3</sup> United Nations Convention on the Rights of the Child (UNCRC); UN Convention on the Rights of the Child - UNICEF UK

<sup>4</sup> We acknowledge that the baby's main caregiver may not be their biological parent but for the purposes of this resource we will use the term 'trusted grown-up'.

## Llais Babanod a Phlant Cwm Taf Morgannwg

Mae'n cyfnod cyn i mi gael fy ngani tan fy mod yn ddwy oed, yn bwysig ar gyfer fy natlysglad. Bydd fy mhroffadau, fy amgylchedd ac, yn arbennig, y cyswlladau sydd gan i a phobl sy'n gofalu amdano i yn dylanwadu ar fy mhorthwas, ymddygiad, dysgu a llais amodynol yn y dyfodol ar hyd fy oes.<sup>1</sup>

Mae'n bwysig i chi bod chi'n fy ngweld fel fy mherson fy hun gyda themladau, hawliau a ddiweddau. Rwy'n ddiwyddu amoch chi i ystyried fy mam a ddiweddau both rydw i'n cael eu ddodwedd wrthydd, felly rwy'n ganolog i bob penderfyniad sy'n effeithio arna i ac sy'n fy ngweldw'n ddilogel.<sup>2</sup>

Er mwyn fy helpu i fod yn hapus, yn iach ac yn ddilogel, mae'n bwysig bod pawb yn ymwybodol o'u cyfrifoldebau i ystyried fy hawliau, yn ogystal â hawliau pob plantyn mewn penderfyniadau sy'n effeithio arnydd niw. Roedd rhieni a dros 120 o staff sy'n gweithio gyda rai bach fel fi, yn ystyried fy hawliau fel sy'n cael eu nodi yn CCUHP.<sup>3</sup> Roedd rhieni a dros 120 o staff sy'n gweithio gyda rai bach fel fi, yn ystyried fy hawliau fel sy'n cael eu nodi yn CCUHP a ddiwyddo fy llais i ddiwyddo ddiwyddau hyn mewn nifer o Gwyliau Gorchwyl a Gortan a drofnewyd gan Region Trawsnewid Blynyddodd Cynnar Cwm Taf Morgannwg, Plant yng Nghymru a Parent-Infant Foundation.

### Mae angen arna i...

- Mae angen** i mi gael fy ngweldw'n iach, yn gymnas a chael bwyd iach a lloches i dytu a fflwynu.  
*Enghylfau CCUHP sy'n cefnogi datganiad 6 a 27*
- Mae angen** i chi ddeall fy mod i'n ddiwyddu amoch chi i'm cadw'n agos (yn gortfrolol ac mewn moddwl); i fy ngweld, ymateb i mi a chymryd amser i ddod i adnabod fi.  
*Enghylfau CCUHP sy'n cefnogi datganiad 3*
- Mae angen** i chi ddeall sut rydw i'n cyswllt, dysgu fy ngweldw'n agos ymateb yn gyson mewn ffordd gymnas a chariadus.  
*Enghylfau CCUHP sy'n cefnogi datganiad 12*
- Mae angen** i chi ddeall y bydd fy mhroffadau nawr yn effeithio ar fy nylodol.  
*Enghylfau CCUHP sy'n cefnogi datganiad 3 a 6*
- Mae angen** i chi gofio mai fi yw fy mherson fy hun: gadwch i mi fod yn fi ac ystyrlwch fi ym mhob penderfyniad ryddych chi'n ei gwneud.  
*Enghylfau CCUHP sy'n cefnogi datganiad 3, 6 a 29*
- Mae angen** i chi ddiolgel arna i i chwarae a dysgu, i gael hwyd ac i ddiolgel hapus; helpa fi i ddiolgelw'n ddilogel am hamddiffyn rhag pethau rwy'n eu cael yn oheru.  
*Enghylfau CCUHP sy'n cefnogi datganiad 19, 29 a 31*
- Mae angen** cyfnewid arna i i ryngweithio ag eraill a dysgu o broffadau newydd.  
*Enghylfau CCUHP sy'n cefnogi datganiad 2*
- Mae angen** i chi fy helpu i ddiwyddu cyswlltadau gyda (babanod eraill) ffrindiau, teulu a fy nghymuned.  
*Enghylfau CCUHP sy'n cefnogi datganiad 6, 8 a 10*

### Mae angen i fy oedolyn dilynwy...

- Mae angen** i'm hoodolyn dilynwy i ddeall pwysigrwydd parthnasoddd diolgel a gortfolar nawr, yn ogystal ag yn y dyfodol.
- Mae angen** i'm hoodolyn dilynwy i ddeall am fy llocher, at hlocherd cyn, yn ystod ac ar ôl i mi gymraedd, ac i oetyn allan am help os nad yw pethau'n iach.
- Mae angen** i'm hoodolyn dilynwy i ddeall ac ymateb i fy anghonion unigryw.
- Mae angen** i'm hoodolyn dilynwy i gael help a gwybodaeth yn y ffordd iach, ar yr amser iach, ac yn y lle iach a'r mwyn iach allu gwneud y diweddau gorau i mi.

### Mae arnom ni angen...

- Mae angen** mynediad amom ni i ddiwyddoeth gyhoeddus dda a fforddiadwy fel y gallir mynd â mi i lolydd diddorol ac i gael y cymorth at gothogaeth sydd eu hangen amom.  
*Enghylfau CCUHP sy'n cefnogi datganiad 2*
- Mae angen** palmentydd a llywbrau diolgel arnom ni i gael mynediad at fannau cyhoeddus glân a gwydd.  
*Enghylfau CCUHP sy'n cefnogi datganiad 19 a 24*
- Mae angen** pobol bwysig amom ni i ddeall pa mor hanfodol yw fy mlynyddodd cynnar i mi gymraedd fy mhonensi iach, ac adliwyrchu hyn ym mhob dogfen sy'n ymwneud â mi a rai bach.  
*Enghylfau CCUHP sy'n cefnogi datganiad 6 a 24*

<sup>1</sup> Parent Infant Foundation (2024) The First 1001 Days Evidence Brief Series



Cefnogir gan Fwrdd Partneriaeth  
Rhanbarthol Cwm Taf Morgannwg

Supported by the Cwm Taf Morgannwg  
Regional Partnership Board

# The CTM Baby & Toddler Voice



Gwasanaeth Meithrin Teuluoedd  
Cwm Taf Morgannwg  
Nurturing Families Service  
Meithrin y Dechreuadau, Siapia'r Dyfodol  
Nurturing Beginning, Shaping Tomorrow







Cefnogir gan Fwrdd Partneriaeth  
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# Llais y Baban a'r Plentyn Bach CTM



Gwasanaeth Meithrin Teuluoedd  
Cwm Taf Morgannwg  
Nurturing Families Service  
Meithrin y Dechreuadau, Siapia'r Dyfodol  
Nurturing Beginning, Shaping Tomorrow



## References:

**Scottish Government: Voice of the Infant**  
[Voice of the Infant: best practice guidelines and infant pledge - gov.scot](#)

**UNCRC** This international agreement protects the human rights of children up to the age of 18. [UN Convention on Rights of a Child \(UNCRC\) - UNICEF UK](#)

The World Association for Infant Mental Health (WAIMH, 2014) **Position Paper on the Rights of Infants**

**Lansdown (2005)** Lansdown, G. (2005). Can you hear me? The right of young children to participate in decisions affecting them. Accessed from: ([PDF](#)) [Can You Hear Me? The Right of Young Children to Participate in Decisions Affecting Them \(researchgate.net\)](#)

**NEST/ NYST: NEST self-assessment and implementation tool**

## Cyfeiriadau:

**Llywodraeth yr Alban: Voice of the Infant**  
**Voice of the Infant: best practice guidelines**  
**and infant pledge - gov.scot**

**UNCRC** This international agreement protects the human rights of children up to the age of 18. **UN Convention on Rights of a Child (UNCRC) - UNICEF UK**

The World Association for Infant Mental Health (WAIMH, 2014) **Position Paper on the Rights of Infants**

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**NYTH/ NYST: Offeryn hunanasesu a gweithredu NYTH**