**Building Strong Foundations: Enhancing Mental Health and Wellbeing for Babies, Children and Young People**

**Thursday 20th February 2025, Mercure Holland House Hotel, Cardiff**

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| **Presenter** | **Email** |
| Emily van der Venter Consultant in Public Health Mental Wellbeing, Public Health Wales | Emily.vandeVenter@wales.nhs.uk  |
| Dr Liz Gregory Parent Infant Foundation | Liz@parentinfantfoundation.org.uk  |
| Helen Dale West Glamorgan Transformation Manger, West Glamorgan Regional Partnership | Helen.Dale@swansea.gov.uk |
| Lorna Bennett Consultant in Public Health, Public Health Wales | Lorna.Bennett3@wales.nhs.uk |
| Dr Michaela James NCPHWR Child Health and Wellbeing Research Officer, Swansea University | M.L.James@Swansea.ac.uk  |
| Dr Liam Mahedy Research and Evaluation Fellow, Public Health Wales | Liam.Mahedy2@wales.nhs.uk  |
| Suzanne Sarjeant Welsh Government Community Schools Advisor | Suzanne.Sarjeant@gov.wales  |
| Julie Powell-Jones Parent Infant Relationships Project Manager (CTM UHB)Lucy Smothers Starting Well/ Growing Well Strategy Group Director (CTM UHB) | Julie.Powell-Jones@wales.nhs.uk  |
| Donna Jones Assistant Headteacher, Greenhill Special School, Cardiff Dan Godfrey Assistant Headteacher/ ALNCo, Greenhill Special School, Cardiff | Donna.Jones2@cardiff.gov.uk |